

Is Collaborative Divorce right for me?

1. My ability to achieve a successful outcome in the divorce primarily will depend on the decisions I make during the process.

Strong Disagree 1	Disagree 2	Neutral (or doesn't apply) 3	Agree 4	Strongly Agree 5	()
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2. In order to achieve my most important goals, I am willing to let go of some smaller, short-term issues, even though it may be very hard to do so.

Strong Disagree 1	Disagree 2	Neutral (or doesn't apply) 3	Agree 4	Strongly Agree 5	()
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3. I am capable of making the emotional commitment necessary to achieve the best possible outcome.

Strong Disagree 1	Disagree 2	Neutral (or doesn't apply) 3	Agree 4	Strongly Agree 5	()
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4. I am not afraid of or intimidated by my spouse.

Strong Disagree 1	Disagree 2	Neutral (or doesn't apply) 3	Agree 4	Strongly Agree 5	()
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5. I am willing to try to see things from my spouse's point of view in order to help achieve the best possible outcome.

Strong Disagree 1	Disagree 2	Neutral (or doesn't apply) 3	Agree 4	Strongly Agree 5	()
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6. I believe it is possible for my spouse and me to restore enough trust in each other to achieve a successful outcome.

Strong Disagree	Disagree	Neutral (or doesn't apply)	Agree	Strongly Agree	()
1	2	3	4	5	

7. I am willing to commit myself fully to resolving the issues through the Collaborative process by working toward common interests rather than simply arguing in favor of my positions.

Strong Disagree	Disagree	Neutral (or doesn't apply)	Agree	Strongly Agree	()
1	2	3	4	5	

8. It is important to me that my spouse and I maintain a respectful and effective relationship after the divorce.

Strong Disagree	Disagree	Neutral (or doesn't apply)	Agree	Strongly Agree	()
1	2	3	4	5	

9. I have accepted the fact that this divorce is going to happen.

Strong Disagree	Disagree	Neutral (or doesn't apply)	Agree	Strongly Agree	()
1	2	3	4	5	

10. I believe that it is very important that our children maintain a strong, healthy relationship with both parents.

Strong Disagree	Disagree	Neutral (or doesn't apply)	Agree	Strongly Agree	()	Total ()
1	2	3	4	5		

Scoring

- 40+ Great Fit for Collaborative Practice
- 30-40 Good Candidate
- 20-30 Borderline Candidate
- Below 20 You will be frustrated with the process, but it can still work if you are committed to it